

ESCORT'S TIPS OF THE TRADE

@WORK



COMMUNICATE

Strong communication makes your sessions enjoyable. Learn your client's interests while letting them know things that turn you on. Begin a session asking what fantasies they have, what excites them. To encourage them to open up, share something you are comfortable sharing. And listen.

CARE FOR MIND & BODY

Practice safer sex. Properly use condoms. Too many drugs and late nights can wear down your system, so plan ahead on taking breaks. Shower between clients, and use that time to renew yourself. It never hurts to have a snack handy to get ready for the next session. Plan getaways for your mind to relax and unwind, as well.

SET CLEAR BOUNDARIES

Making a contract with yourself will help define what you are willing and not willing to do during a session. In the heat of the moment or under pressure, it can be more difficult to stick to your own guidelines, so take a few minutes before a session to remember your own rules, communicate them to your client, and allow yourself to relax.

KEEP CONTROL

You are the guide - you can set the course of the session. If the client looks stronger than you, make sure they aren't in any positions that could compromise your boundaries. For a first time client, stay cautious and aware of their actions. Stay confident and guide them through the session to stay safely in charge.

LEAVE IF YOU MUST

If you feel threatened or even a little uncertain about a client, it is best to walk away. If you are engaged in a session and the client is pushing your limits, try reaffirming them. But if they don't listen, leave by any means necessary. You are not required to complete a session, and while it sucks to not get the cash, it's better to seek a safe space.

HOOK

brought to you by SACRD, PONY, Harm Reduction Coalition, and HOOK
more info at <http://www.hookonline.org/nyc>

ESCORT'S TIPS OF THE TRADE

@PLAY



COMMUNICATE

If we can be upfront with a client, we can be upfront with the people we are dating or having sex with for fun. Listen. Share what turns you on and your concerns. Listen. Take time to learn about each other and you might find each other coming back for more! Oh yeah, and listen.

CARE FOR MIND & BODY

Building the body beautiful helps your sessions with clients, but building the body healthy will keep you going for a long time. Learn to eat well and find escapes that allow you good rest. Balance out the party time with some quiet hours to relax and clear your mind of work and personal issues. And a routine check-up with a doctor you trust (or a free public health services provided physician) will help make sure you continue being the body breathing.

SET CLEAR BOUNDARIES

It's not work, of course, but letting people know what you will and won't do is a big benefit when you are dating or being a total sexpig. It can save some awkwardness in the heat of the moment and keep you true to how you like to play.

KEEP CONTROL

Escaping the job sometimes means getting all piggy with the nightlife (and the sex life), but keeping your senses with a stranger/fuckbud/boyfriend is no different than keeping your wits with a client. Enforce your boundaries. You don't always have to guide your personal life, but make sure that your limits are being respected.

LEAVE IF YOU MUST

Not an ideal outcome, but you gotta remember that whether it is a fuckbud or a date, you can leave if they are making you uncomfortable or not respecting your boundaries. Abusive boyfriends are never worth the price of losing your safety.

HOOK

brought to you by **SACRD, PONY, Harm Reduction Coalition, and HOOK**
more info at <http://www.hookonline.org/nyc>